#### For Details, Contact:

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#### Door County Public Health Department News Release

## Flu Vaccine Clinics Set by Door County Public Health Department

Influenza (flu) can be a very serious disease with many complications. Symptoms of influenza include fever, muscle aches, sore throat, and a non-productive cough. More serious illness can occur if pneumonia follows.

According to the Centers for Disease Control (CDC), everyone 6 months and older should get a flu vaccine this fall. The 2013-2014 flu vaccine will protect against three different flu viruses: the A/California/7/2009 (H1N1)-like virus, an H3N2 virus like A/Victoria/361/2011, and a B/Massachusetts/2/2012-like virus. Quadrivalent vaccines will include an additional vaccine virus, a B/Brisbane/60/2008-like virus.

Most healthy adults may be able to infect others beginning 1 day **before** symptoms develop and up to 5 to 7 days **after** becoming sick. Children may pass the virus for longer than 7 days. Symptoms start 1 to 4 days after the virus enters the body. **That means that you may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick. Some persons can be infected with the flu virus but have no symptoms. During this time, those persons may still spread the virus to others. For additional information, check out the CDC's website: <a href="https://www.cdc.gov/flu/">www.cdc.gov/flu/</a>.** 

Rhonda Kolberg, Door County Health Officer, stated: "Flu viruses are constantly changing. Each flu season, different flu viruses can spread. Getting vaccinated with the flu vaccine every season protects against the influenza viruses that research indicates will cause the most illness this season. The Centers for Disease Control and Prevention (CDC) recommends the flu vaccine as the first and most important step in preventing flu."

It is suggested that participants wear clothing with short sleeves to the clinics. There will be a \$30.00 fee for the vaccine for adults. For adults with Medicare, Part B covers the cost of the vaccine; and individuals with <u>Traditional Medicare</u> are requested to bring their Medicare cards to the clinic site.

It is recommended that all children ages 6 months – 18 years receive flu vaccine each year. Children aged 6 months through 18 years, who are eligible for BadgerCare or Medicaid, OR are Native American or Alaskan Native, OR do not have insurance, can receive the vaccine free-of-cost to them at the Health Department as long as supplies last.

Please see the attached flyer with all clinic dates and times listed.

For Immedi	ate	Release
September	20,	2013

### Door County Public Health Department Seasonal Flu Vaccine Clinics for 2013

#### Flu Vaccine Clinics for Adults

Date	Place	Day	Time
October 3	Washington Island Community Center	Thursday	10-11:30 am & 1:30-2:30 pm
October 4	Liberty Grove Town Hall, 11161 Old Stage Rd, Sister Bay	Friday	11:00—12:00 pm
October 8	Door County Senior Resource Center, 832 North 14th Ave, Sturgeon Bay	Tuesday	1:00—2:00 pm
October 11	Baileys Harbor Town Hall, 2392 Cty Rd F	Friday	11:00—12:00 pm
October 17	Door County Government Center, Peninsula Room, 421 Nebraska St., Sturgeon Bay	Thursday	3:00—5:00 pm

❖ Fee for flu vaccine is \$30.00 cash, check or straight Medicare Part B for payment; bring card.
We are not able to bill for Medicare HMO's.

### Flu Vaccine Clinics for Children—All by Appointment, Call 746-2234

- Children aged 6 months through 18 years, who are eligible for BadgerCare, or do not have health insurance, or are Native American or Alaskan natives can receive the vaccine free-ofcost to them at the Health Department as long as supplies last.
- Please check with your insurance company to find out what they cover.
- Nasal Mist (sprayed in the nose) available for ages 2 18 years old.
- Flu vaccine "shots" (needle in the arm) available for ages 6 months 18 years old.
- Bring Immunization records to clinic, & parent or guardian must sign for children's immunization.

# Flu Vaccine Available for Adults and/or Children at Regularly Scheduled Immunization Clinics, September— May

Dates: Sept. — May	Place	Day of Week	Time
By Appointment Only, Call 920-746-2234	Door County Public Health Department, Government Center, 421 Nebraska St., Sturgeon Bay	Wednesday	10:00—11:30 am & 1:30—4 pm
By Appointment Only, Call 920-746-2234	Door County Public Health Department, Government Center, 421 Nebraska St., Sturgeon Bay	Last Tuesday of the Month	3:30—5:30 pm
By Appointment Only, Call 920-746-2234	Sister Bay Fire Station 2258 Mill Road Sister Bay, WI 54234	4 <sup>th</sup> Tuesday of the Month	10 am – Noon

For more information call Door County Public Health Department at (920) 746-2234. Check for updates to the Flu Vaccine Schedule at <a href="https://www.co.door.wi.gov">www.co.door.wi.gov</a>.